

Dr Ihab El-Sokkari *MBBCh, MMed, FRACP*

Director of Cardiac Electrophysiology Services, Cardiologist and Cardiac Electrophysiologist, Nepean Public and Private Hospitals; and Clinical Senior Lecturer, University of Sydney, ***SYDNEY***

Dr Ihab El-Sokkari is an internationally trained cardiologist and cardiac electrophysiologist. He is the Director of Cardiac Electrophysiology Services at the Nepean Public and Private Hospitals in Sydney.

Dr El-Sokkari specialises in ablation procedures for various cardiac arrhythmias, including atrial fibrillation (AF) – a chronic, progressive disease caused by poor atrial contraction (heart pumping)¹ – representing the most common type of arrhythmia, involving an irregular and often rapid heart beat.²⁻⁴

He also regularly performs ablation procedures for atrial flutter, supraventricular tachycardia (SVT) and premature ventricular contractions (PVCs). His other areas of clinical interest include cardiac device implantation (implantable loop recorders, pacemakers, implantable cardiac defibrillators), and cardiac resynchronisation therapy.

Dr El-Sokkari's further interests include management of heart failure and coronary artery disease, and performing echocardiography, exercise stress testing and holter monitoring.

After obtaining his Cardiology Fellowship from the Royal Australasian College of Physicians (RACP) in 2013, Dr El-Sokkari pursued further training in cardiac electrophysiology at the Queen Elizabeth II Health Sciences Centre in Canada in 2016.

After returning to Australia in 2018, he established the cardiac electrophysiology unit at Nepean Public and Private Hospitals, where complex ablations are now being performed routinely using 3D mapping systems, cryoballoon ablation, as well as pulsed field ablation.

Dr El-Sokkari gained his Bachelor of Medicine and Bachelor of Surgery degrees in 2002 and acquired a Master's degree in Clinical Epidemiology from the University of Sydney in 2014. He has a keen interest in research, having contributed to numerous projects, presentations, and publications both nationally and internationally.

He is a Clinical Senior Lecturer at the University of Sydney, a mentor for medical students and junior doctors, and frequently leads education sessions for General Practitioners (GPs).

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To coordinate an interview with Dr Ihab El-Sokkari, please contact:

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