

Dr Tomos Walters MBBS (HONS) BMedSc PhD FRACP FCSANZ

Cardiologist and Electrophysiologist,
Queensland Cardiovascular Group, **BRISBANE**

Dr Tomos Walters is a cardiologist and electrophysiologist with the Queensland Cardiovascular Group. He has consultation rooms at St Andrew's Specialist Medical Centre, Spring Hill, St Vincent's Private Hospital Northside, Chermside, North Lakes Specialist Medical Centre, North Lakes, Brisbane, and Mater Specialist, Townsville.

Dr Tomos specialises in catheter ablation atrial and ventricular arrhythmias, along with implantation and management of cardiac devices. His particular interest is in atrial fibrillation (AF) – the most common type of sustained arrhythmia in the community, which may be linked to reduced quality of life, stroke, heart failure and premature mortality.²⁻⁴

He has a particular interest in the complex link between a patient's psychological state and their arrhythmia. He is also interested in the use of app-based technology offering patients real-time feedback, to ultimately improve their cardiac health outcomes.



Dr Walters moved to San Francisco in 2015 to complete his clinical and research training, prior to his appointment as an Assistant Professor at the University of California in 2018, where he continued to research into persistent AF and cardiomyopathy induced by ventricular ectopic beats.

Dr Walters gained his medical degree with first class honours from The University of Melbourne, in addition to a Bachelor of Medical Science in medical virology. He undertook his medical residency at the Royal Melbourne Hospital, and his advanced training in cardiology at the Royal Melbourne Hospital and the Princess Alexandra Hospital in Brisbane.

He completed his clinical Fellowship in cardiac electrophysiology at the Royal Melbourne Hospital in 2015, along with a PhD examining the electric mechanisms underlying AF at the University of Melbourne.

Dr Walters has been widely published in leading cardiology journals, and has frequently presented at local and international conferences.

"Atrial fibrillation or AF is the most common, sustained cardiac rhythm disturbance that we see in adult Australians," said Dr Walters.

"My message to Australians who are at risk of AF is that we need to detect it.

"If we detect it, we can reduce the risk of stroke and improve patient survival," Dr Walters said.

"See your doctor, be aware of how you're feeling, and don't be afraid to use new technologies such as a smart device."

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To coordinate an interview with Dr Tomos Walters, please contact:

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References

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